



Seat of Wisdom Diocesan Institute

“Do whatever he tells you” (Jn. 2:5)

Standard Basic Catechetical Course Track Summary Sheet - Sequential Courses (These courses are to be taken in sequential order.)

Course No.	Session Hour	Title / Session Hour Topics	Date Completed	Location	Instructor
CAT 101		Introduction to Sacred Scripture (12 Hours)			
		Category: Sacred Scripture			
	SS1-2	Salvation History in Sacred Art (2 hours)			
	SS 3-4	Scriptural and Theological Foundations (2 hours)			
	SS 5	Introduction to the Bible			
	SS 6	The Early World			
	SS 7	The Patriarchs			
	SS 8	Egypt & Exodus, Joshua, and Judges			
	SS 9	The Kingdom of God: United and Divided			
	SS 10	The Exile, the Return, and the Maccabean Revolt			
	SS 11	Jesus and the Gospels, The Messianic Fulfillment			
	SS 12	The Early Church and the Church Today			
CAT 107		The Creed: What Catholics Believe (6 hours)			
		Category: Doctrine			
	CRD 1	God the Father Almighty			
	CRD 2	Creation & The Fall			
	CRD 3	The Fullness of Revelation: Jesus Christ			
	CRD 4	The Holy Spirit			
	CRD 5	The Holy Catholic Church			
	CRD 6	The Blessed Virgin Mary & the Last Things			
CAT 109		The Celebration of the Christian Mystery (6 hours)			
		Category: Christian Spirituality			
	SAC 1	The Sacramental Economy			
	SAC 2	The Sacraments of Baptism and Confirmation			
	SAC 3	The Sacrament of the Eucharist			
	SAC 4	The Sacraments of Healing: Reconciliation and Anointing			
	SAC 5	The Sacrament of Holy Orders			
	SAC 6	The Sacrament of Marriage and Other Liturgical Celebrations			

Sequential Courses (continued)

CAT 111		Life in Christ - Christian Morality (8 hours)			
		Category: Doctrine			
	LIF 1	The Dignity and Vocation of the Human Person Part I			
	LIF 2	The Dignity and Vocation of the Human Person Part II			
	LIF 3	The Human Community			
	LIF 4	God's Salvation: Law and Grace			
	LIF 5	The Ten Commandments Part I			
	LIF 6	The Ten Commandments Part II			
	LIF 7-8	The Gift: Your Call to Greatness (2 hours)			

**Standard Basic Catechetical Course Track Summary Sheet: Non-Sequential Courses
(These courses do not have to be taken in sequential order.)**

Course No.	Session Hour	Title / Session Hour Topics	Date Completed	Location	Instructor
CAT 115		Christian Prayer (Prayer and Spirituality) (6 hours)			
		Category: Christian Spirituality			
	PR 1	Prayer in the Christian Life			
	PR 2	Jesus and the Age of the Church			
	PR 3	The Tradition of Prayer			
	PR 4	The Life of Prayer			
	PR 5	The Lord's Prayer: "Our Father!" Part I			
	PR 6	The Lord's Prayer: "Our Father!" Part II			
CAT 117		Evangelization (6 hours)			
		Category: Methods			
	EVG 1	Evangelization			
	EVG 2	Evangelization			
	EVG 3	Evangelization			
	EVG 4	Evangelization			
	EVG 5	Evangelization			
	EVG 6	Evangelization			
CAT 119		Catechesis (6 hours)			
		Category: Methods			
	CHS 1	Catechesis			
	CHS 2	Catechesis			
	CHS 3	Catechesis			
	CHS 4	Catechesis			
	CHS 5	Catechesis			
	CHS 6	Catechesis			